

DOCTORS + HOSPITAL

OF AUGUSTA | COLORECTAL SURGERY
Justin Somerville, MD | Colon & Rectal Surgery

3651 Wheeler Road
Augusta, GA 30909
(706) 651-3232

PREOPERATIVE INSTRUCTIONS FOR COLORECTAL SURGERY

Patient:	_____	Surgery date:	_____
	_____		_____
Procedure:	_____	Arrival time:	_____
	_____		_____

IMPORTANT: These instructions are for your bowel preparation and colorectal surgery. If the hospital Pre-Admission Testing (PAT) team or anesthesia team gives you different instructions about fasting or medications, follow the most recent instructions they give you and call our office if anything is unclear.

1. BEFORE THE DAY OF SURGERY

- Arrange for an adult to drive you home if you are expected to leave the hospital the same day.
- Pick up your prescriptions before the day of preparation: CLENPIQ®, neomycin, and metronidazole (Flagyl®).
- Tell your surgeon and PAT/anesthesia team if you take blood thinners, aspirin, diabetes medications, insulin, or GLP-1 medicines (for example semaglutide/Ozempic®/Wegovy® or tirzepatide/Mounjaro®/Zepbound®). Do not stop prescription medications unless you have been instructed to do so.
- Call the office if you develop fever, significant respiratory illness, vomiting, or another new illness before surgery.
- **Do not shave your abdomen or operative area for 48 hours before surgery.**

2. THE DAY BEFORE SURGERY — CLEAR LIQUIDS ONLY

Beginning when you wake up, do not eat solid food. Drink approved clear liquids throughout the day and after each dose of CLENPIQ until the hospital/anesthesia stop time. Include an electrolyte-containing clear liquid (such as a sports drink) rather than drinking only water.

Comfort tip: Use A&D ointment around the anus as needed during the bowel preparation to reduce irritation from frequent bowel movements.

YOU MAY HAVE	DO NOT HAVE
Water • sports/electrolyte drinks • clear broth/bouillon • apple or white grape juice without pulp • clear soda/ginger ale • tea or coffee without milk/creamer • plain gelatin or ice pops that are not red or purple	Solid food • milk or dairy • creamers • smoothies • juices with pulp • alcohol • red or purple liquids • anything you cannot see through

DOCTORS + HOSPITAL

OF AUGUSTA | COLORECTAL SURGERY
Justin Somerville, MD | Colon & Rectal Surgery

3651 Wheeler Road
Augusta, GA 30909
(706) 651-3232

3. BOWEL PREPARATION SCHEDULE

Use the schedule below unless your surgeon has written different times on this sheet. CLENPIQ is ready to drink; do not dilute it. Stay near a bathroom once you begin the preparation. Do not take any additional laxatives unless your surgeon instructs you to do so.

TIME	MEDICATION / STEP	WHAT TO DO
10:00 AM	CLENPIQ — Bottle #1	Drink the entire first bottle. Then drink at least five 8-oz cups (40 oz total) of approved clear liquids over the next 5 hours.
1:00 PM	Neomycin + Flagyl	Take neomycin 1 gram AND metronidazole (Flagyl) 500 mg by mouth.
2:00 PM	Neomycin + Flagyl	Take neomycin 1 gram AND metronidazole (Flagyl) 500 mg by mouth.
4:00 PM	CLENPIQ — Bottle #2	Drink the entire second bottle. Then drink at least four 8-oz cups (32 oz total) of approved clear liquids before the hospital/anesthesia stop time.
10:00 PM	Neomycin + Flagyl	Take neomycin 1 gram AND metronidazole (Flagyl) 500 mg by mouth.
Bedtime	Hydration / skin care	Continue clear liquids until the hospital/anesthesia stop time. Use the Chloraprep wipes provided to wash your abdomen the night before surgery. Allow the skin to air-dry. Do not apply lotion, cream, powder, or deodorant to the cleaned area afterward.

DOCTORS + HOSPITAL

OF AUGUSTA | COLORECTAL SURGERY
Justin Somerville, MD | Colon & Rectal Surgery

3651 Wheeler Road
Augusta, GA 30909
(706) 651-3232

Prescribed antibiotic amounts: Neomycin 1 gram = usually two 500-mg tablets per dose. Metronidazole 500 mg = usually one 500-mg tablet per dose. Follow the label on your prescription if your tablets or prescribed dose are different.

Hydration is important because CLENPIQ can cause fluid and electrolyte loss. Call the office for severe or persistent vomiting, severe abdominal pain or distention, fainting, inability to keep liquids down, or inability to complete the preparation.

4. EATING AND DRINKING BEFORE ANESTHESIA

Follow the fasting instructions given to you by Doctors Hospital PAT/anesthesia. Do not assume that “nothing after midnight” applies unless the hospital specifically tells you that. Your anesthesia team may allow certain clear liquids until a specific time before arrival or surgery. Once your stop time begins, do not eat, drink, chew gum, or use mints/candy unless anesthesia specifically instructs you otherwise.

STOP SOLID FOOD

Clear liquids only for the entire day before surgery.

STOP CLEAR LIQUIDS

Hospital/PAT stop time: _____

5. MORNING OF SURGERY

- Take only the medications that PAT/anesthesia or your surgeon specifically told you to take. Use only a small sip of water if permitted.
- Do not take additional bowel-prep medicine or oral antibiotics unless your surgeon specifically instructed you to do so.
- After using the abdominal skin-prep wipes the night before surgery, allow the skin to air-dry and do not rinse or shower them off unless PAT or your surgeon specifically instructs you to do so.
- Do not wear jewelry or bring valuables. Bring your photo ID, insurance information, current medication list, and CPAP if you use one.
- Arrive at the location and time provided by Doctors Hospital.

6. SPECIAL MEDICATION INSTRUCTIONS

Blood thinner / aspirin plan:

Diabetes / insulin plan:

GLP-1 medication plan:

Other medicines to hold:

Medicines to take morning of surgery:

QUESTIONS OR PROBLEMS WITH THE PREP?

Call the colorectal surgery office